HORSENDEN PRIMARY SCHOOL

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Headteacher: Mrs E Appelby

Friday, 06 November 2026

Dear Parents and Carers,

Introducing Daily Toothbrushing in Nursery

We are pleased to inform you that, from **Wednesday 18th November 2026**, we are planning to introduce supervised toothbrushing into the children's daily routine.

Good oral hygiene is extremely important from an early age, and we believe that encouraging healthy toothbrushing habits will help children develop lifelong routines and maintain healthy teeth and gums.

As part of this initiative, each child will be provided with their own toothbrush and age-appropriate fluoride toothpaste, which will be kept at the setting. Children will be supported to brush their teeth every day after lunchtime, under staff guidance and supervision. Toothbrushes will be stored hygienically and separately.

Our aim is to make toothbrushing a positive and enjoyable experience while helping children develop independence and understand the importance of looking after their teeth.

Parental Consent and Allergies

Before your child can take part, we require parental consent. We also ask that you inform us of any known allergies or sensitivities to toothpaste ingredients, or any other medical or individual needs that we should be aware of.

Please complete the short consent form by Tuesday 17th November 2026: https://forms.gle/JHQeUTzirht9HvgKA

Children will only participate once parental consent has been received and any relevant concerns have been addressed.

We encourage parents and carers to continue supporting good toothbrushing habits at home, as brushing twice daily with fluoride toothpaste remains important.

If you have any questions, concerns or would like to discuss your child's participation, please speak to me directly so that we can address these together.

Kind regards,

Mrs Idrusi