



## Ealing BMX Club - Further information

Ealing BMX Club has operated at the BMX track by Gurnell swimming pool since 2014. The Club is run by parent volunteers with British Cycling qualified coaches delivering the BMX coaching and supported by Access Sport, a sports development charity.

There are 2 sessions each Saturday for children and young people:  
Experts 9.30am - 11am Novices 11.15am - 12.45pm.  
Around 35 riders currently attend each week across the 2 sessions.

Annual membership is £12 with £3 a session, or £4 a session for non-members.

**Wingz BMX session - Saturday 11th March - Saturday 24th June 2017**  
(2 weeks break at Easter) 11.15am - 12.45pm



The Club has gained funding to help deliver a new session for children with additional needs - Wingz BMX. We are buying additional equipment - cones, poles and ramps - to broaden the riding options allowing for sessions on the flat (grass) as well as on the bmx track.

We don't have specialist bikes (e.g. trikes) so participants need to be able to work towards riding a standard BMX bike. The weekly fee for riders is £3

The sessions will be led by an additional coach who is experienced in working with children who have additional needs. The new session will operate at the same time as the novice session to promote integration of the groups, and the coaches will work together to organise the session to use the space.

Where appropriate our more experienced riders are keen to act as buddies helping to integrate our new Wingz BMX riders.

A big event in the London BMX year is the London Youth Games, taking place this year on **Sunday June 18th 2017**. It is a great family day out.

We hope our new Wingz BMXers will want to join the Ealing squad for the LYG. However those who just want to ride at the Ealing track are equally welcome. We hope to continue this provision after June as a regular part of the Club programme.

Prospective riders are encouraged to come along any Saturday before the sessions start to have a look and a chat. Chris Smith is also happy to talk to schools/ children/ parents about the sessions.

**We look forward to receiving reservations for Wingz places!**

**More info and to reserve a place: contact: [ealingbmx@gmail.com](mailto:ealingbmx@gmail.com)**

or phone: Chris Smith - Club Secretary 07714 506024

[www.facebook.com/ealingbmxclub](https://www.facebook.com/ealingbmxclub)

[www.ealingbmx.co.uk](http://www.ealingbmx.co.uk)

