

MET-TRACK

Get training

with an international athlete

MET - TRACK



MET-TRACK Training Squads exist for anyone not yet involved in sport:

- ANY ability
- ANY age 10 - 17
- ANY track or field event

MET-TRACK Squads

FREE Athletics Training

Every Thursday 4.30 pm - 6 pm
At Perivale Park Athletics Track
Stockdove Way, Perivale UB6 8TJ
Contact Carolyn McGuigan : 07879434967

Jason Hussain 07701 056525 or jason.hussain@met.police.uk
or visit our website: www.met-track.com

IT'S FREE!

...and you really don't have to
be a budding star to take part!